



# BODEY MEDICAL CENTRE

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M Shanks & S Houghton



## OUR NEXT FLU CLINIC IS SATURDAY 14<sup>TH</sup> OCTOBER 2017

PLEASE BOOK AN APPOINTMENT AS SOON AS POSSIBLE IF YOU ARE ELIGIBLE TO RECEIVE ONE (SEE LINK BELOW)

<http://www.nhs.uk/Conditions/vaccinations/Pages/who-should-have-flu-vaccine.aspx>

NICE is calling for people who are eligible for free flu vaccination to be offered it at every opportunity. New draft guidance highlights the need to educate people that having a flu vaccination each year is the best way to protect against catching or spreading flu.

In the last flu season, from October 2016 until March this year, **953 people were admitted to intensive care units** with confirmed cases of the flu. Of those, **107 people died**.

Estimates suggest that there may be around 8,000 deaths in an average year, with more when new flu strains cause pandemics.

<https://www.nice.org.uk/news/article/more-people-who-can-get-the-flu-jab-for-free-should-be-vaccinated-says-nice>